

# Professional Certificate in Education (Positive Education)



## Fostering Optimal Learning through Positive Education

The Professional Certificate in Education (Positive Education) provides a foundation in the science of positive psychology and its application in education settings. The course promotes learning environments that mobilise individual strengths and enhance wellbeing and performance.

*"The course was invaluable. It helped us shape a clear vision and strategic plan for the creation of a 'flourishing school community' and facilitated links with experts at the forefront of Positive Education in Australia."*

Rhiannon McGee, Director of Pastoral Care, P-12, Loreto Mandeville Hall, Toorak



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Shaping minds, shaping the world

# Professional Certificate in Education (Positive Education) Melbourne delivery

## Course structure

The course consists of two subjects:

**Introduction to Positive Education** introduces the science of positive psychology and positive education. Participants will learn about different theories of wellbeing and flourishing, examine core positive psychology constructs relevant to education, and explore positive interventions that can be used in classrooms and across schools to build wellbeing and resilience in students and staff.

**Building Positive Education Communities** explores how educators can initiate and lead systematic change across educational communities. Scientifically supported models for implementing change within organisations will be considered, as well as methods for evaluation and policy implications. Using an action research model, students will apply these models to their educational setting, considering which approaches and levers may be best for supporting sustainable change within their context.

Assessments include verbal presentations, written reports, and interactive exercises that will help students directly apply the theory and exercises to their work in the classroom or school community.

Successful completion of the Professional Certificate may assist when applying for a Master of Applied Positive Psychology and may give you credit towards a Master of Education.

## Who should apply?

The course is designed for educators, youth workers, school counsellors, health professionals and administrators who are working in schools and other educational settings.

## Entry requirements

To be eligible to apply, you must meet the following entry requirements:

- an approved degree and an approved teaching qualification, or
- an approved four-year teaching degree, or
- an approved equivalent qualification which is recognised by the Melbourne Graduate School of Education as evidence of adequate preparation for the course and a record of professional or teaching experience in a field and at a level acceptable to the Graduate School.

You do not need to be teaching currently, but a background in education is recommended.

## Melbourne dates and delivery in 2016

Venue: University of Melbourne, Parkville

### Subject 1: Introduction to Positive Education

Friday 12 February, Saturday 13 February, Friday 18 March 2016

### Subject 2: Building Positive Education Communities

Friday 29 April, Saturday 30 April, Friday 3 June 2016

Class times: 9:00am - 4:00pm

## Cost

In 2016, the course fee for the Professional Certificate in Education (Positive Education) is \$5,370.00.

If you are an Australian citizen, you may be eligible for the FEE-HELP loan program, an Australian Government Loan Scheme that helps you to defer all or part of your tuition fees. You do not need to repay the loan until your income reaches a minimum repayment threshold. For more information, please visit [www.studyassist.gov.au](http://www.studyassist.gov.au)

## Teaching staff

**Dr Peggy Kern** is the academic coordinator, and a senior lecturer at the Melbourne Graduate School of Education. She received her Doctorate of Psychology in June 2010 from the University of California, with postdoctoral training at the University of Pennsylvania with Dr Martin Seligman and other leaders in the field. Dr Kern's research examines the question of who flourishes in life (physically, mentally, and socially), why, and what enhances or hinders healthy life trajectories.

**Ms Michelle McQuaid** is a Senior Honorary Fellow at the Melbourne Graduate School of Education. She completed her Master of Applied Positive Psychology at the University of Pennsylvania with Dr Martin Seligman and is currently completing her PhD on organisational play.

**Dr Mathew White** is a Senior Honorary Fellow at the Melbourne Graduate School of Education and a Research Affiliate at Cambridge University's Wellbeing Institute. He is currently Director of Wellbeing at St Peter's College, Adelaide. He is a global representative for the International Positive Education Network.

## For further information

Program Coordinator

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E: [TL-pos-ed@unimelb.edu.au](mailto:TL-pos-ed@unimelb.edu.au)

## How to apply for the course

To apply for this course, please complete the application form at [www.commercial.unimelb.edu.au/positiveeducation](http://www.commercial.unimelb.edu.au/positiveeducation)



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**Get in touch** [education.unimelb.edu.au](http://education.unimelb.edu.au)

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The Melbourne Graduate School of Education is Australia's number one and among the world's finest for Education\* (\*QS World University Rankings by Subject).